

SUBMISSIONS FOR RY2014-15 BEST FELLOWSHIP AWARD

1st Nominee: Rotaract Club of Penang [WINNER]

1.a Project & Activity Description	Hosting Sister District Goodwill Visit. District D3500 and District 3300 are sister districts. This time they touch down in Penang and we are glad that we can host them and join them all the way during the trip. Another hosting is of a girl from Finland name as Vera Kakko. She came to Penang and we hosted her by bringing her to our meeting as well as brought her to have a fellowship supper with the members of RAC Penang. She got to know the culture of Malaysia and also the culture of RAC Penang.
1.b Number of members from your club in attendance	14
1.c Number of members from other clubs in attendance	36
1.d Number of guests in attendance	15
2.a Project & Activity Description	<p>Outing is RAC Penang and RAC KJ annual activity. We do it every year and it is very successful because everyone had fun and enjoyed themselves. It is 2 days 1 night trip which is on 15 & 16 May 2015 in Ipoh. We had a fun yet challenging time in Gua Tempurung where we had to climb and crawl to the lime stone and Underground River. At night we took a rest in an amazing and well facilitate guest house. We then continued to our long awaited sister club fellowship moment till 6 in the morning. This is the moment which can strengthen our relationship and bond.</p> <p>While fellowship is not only having fun, it bring excrement of education thus Rice Factory visitation and Alor Setar one day trip had been proposed. We went to rice factory and we get to know the process of rice from grains to rice and also how they packaged it and deliver out. Club Serv Dir SyeLi brought us to have a local lunch and also science centre in Alor Setar. We experience the earthquake house, had fun with laser ball and many more. At night she brought us to a Thai Steamboat so called Mookata. Every member shared their thoughts about this trip during dinner.</p> <p>Next, we had organize our Guest Day this term at Escape park in Teluk Bahang. President Jimmy keep encouraging the members who are scared to play. Due to his encouragement, they finally became brave enough to play bungee jump, flying fox and also the obstacle course. This shows that teamwork and mutual encouragements are very important in a club."</p>
2.b Number of members from your club in attendance	16
2.c Number of members from other clubs in attendance	11
2.d Number of guests in attendance	11
3.a Project & Activity Description	Fellowship through service is the motto of Rotaract. BBQ and meeting at seaside is a good example of fellowship. On 3rd October 2014,RAC Penang had organized the first Guest Day for the term 2013/2014. Penang Water sport Center was chosen to be the venue of this event. We had invited the club's member and guests to attend the event aforementioned. We had a BBQ party by the beach as well as have our general meeting over there, it was a special and unforgettable experience for both our members and guests. After the BBQ, we had our meeting.

SUBMISSIONS FOR RY2014-15 BEST FELLOWSHIP AWARD

	<p>Club serv dir Syeli thanked everyone who attended the party. There were many fresh faces joined the party, so it's a good opportunity to briefly explain about the Rotaract club.</p> <p>After the meeting, we continued to have fun fellowship around. The party lasted till 12 midnight, everyone got exhausted from the party and rest at the chalet. The next morning, we had porridge for breakfast nearby Tj Tokong. During the breakfast, both members and guest had expressed how fun it is last night, and everyone had enjoyed it very much. Shortly after breakfast, President Jimmy suggested that we should go for a movie since the time of day is still early. We had our movie session at Gurney Plaza. By 4pm, after the movie, the members and guests bid each other farewell and call it a day.</p> <p>After meeting we usually go to our usual supper spot to have further fellowship. Thus we did b'day celebration every quarter and we had LouSang during the 7th day of CNY.</p>
3.b Number of members from your club in attendance	15
3.c Number of members from other clubs in attendance	6
3.d Number of guests in attendance	13
4.a Project & Activity Description	<p>We usually did fellowship after the installation. President Jimmy and Vice President Alice went to Philippines to attend the installation and signed sister club agreement with RAC Chinatown-Manila in Philippines.</p> <p>Furthermore, we attended few club's installation in D3300 and we did have fun and fellowship after installation.</p> <p>Whereas during District Interact Conference, Rotaractor Shaun had be a guide of the Interactors from Penang.</p> <p>Lastly, Past President Nicholas and Past President Shea Speare had also gone to India and they join the trip with the Rotaractors in India.</p>
4.b Number of members from your club in attendance	10
4.c Number of members from other clubs in attendance	13
4.d Number of guests in attendance	3

SUBMISSIONS FOR RY2014-15 BEST FELLOWSHIP AWARD

2nd Nominee: Rotaract Club of Subang

1.a Project & Activity Description	<p>Chinese New Year Pot Luck – 22nd Feb 2015 This pot luck is organize by our members Calvin Khoo and alumni James Ong, a simple pot luck gathering during Chinese New Year turns out to be one of the best fellowship and bonding we ever experienced with our fellow Rotaractors and guests. Thanks to James sister for opening up her house for us to gather there, we all started the activity by sharing a big feast together with joy. The whole house was buzzed with excited energy and was comfortably full with satisfied people. Certain homemade food catches the eye and the stomach of us, we are even amazed by a few members which we never know they can cook that well! We started gambling after the dinner as Chinese believe that having a gambling session during Chinese New Year will brings good fortune to the house and the visitors. Some of us just sit down and having a chit chat session with each other. Around 10pm at night James and Calvin started to light up the fireworks they bought and all of us shared a loud and sparkling night view together as a family. Some of us made wishes and some of us just standing there enjoying that moment. A simple gathering like this truly bring and bond all of us together, the guests also have a deeper understanding about Rotaract and the fellowship we all share together even we are from different places or clubs.</p>
1.b Number of members from your club in attendance	12
1.c Number of members from other clubs in attendance	13
1.d Number of guests in attendance	10
2.a Project & Activity Description	<p>#10for1kg Graduation – 11 April 2015</p> <p>#10for1kg a remarkable project organized by Calvin Khoo, the project aims to raise fund for charitable purpose with participants having their weight loss. For every 1kg the participant’s loss their donors have to donate at least minimum of RM 10.</p> <p>This project lasted for 6 months and it shows some amazing result, our main driver of this event is James Ong he lost total of 26kgs and his physically improved and getting healthier.</p> <p>This graduation aims to celebrate the success of all the participants and the project result, after 6 months of controlling diets and following strict exercise routine, everyone in this project deserves a night of enjoyment and party.</p> <p>Other than celebration, the main attraction for this event would be Calvin Khoo dressing as Pink Panther running around Changkat Bukit Bintang, this is caused by the side bet between Calvin Khoo and James as he went all out in order to motivate our best friend James in losing more weights.</p> <p>#10for1kg Graduation is not only a bonding project but it also shows everyone of us that fellowship and determination can drives us into our goals. Just like what Calvin did for James motivation and participants having gym session together with pushing each other’s limits day by day, this graduation marks a strong appearance brotherhood and fellowship among us and the Rotaractors in District3300.</p>

SUBMISSIONS FOR RY2014-15 BEST FELLOWSHIP AWARD

	This is how far we would go in supporting our family in Rotaract.
2.b Number of members from your club in attendance	9
2.c Number of members from other clubs in attendance	12
2.d Number of guests in attendance	10
3.a Project & Activity Description	<p>The bubble sports activity was organize by President Jimmy Cheng on the 7th March 2015 at Sports Garage Petaling Jaya</p> <p>We played 3 types of games with the bubble. Firstly, it was a futsal type, where we have to score goal while carrying the bubbles. Secondly, it was called "King & Queen", whereby we have to push the opponent goalie at opposite end out from the D-area (penalty kick area). Lastly, we played "Last one standing" whereby everyone get into the ring, and just knocked whoever out, the last one standing will be the winner.</p> <p>Everyone was trying their best to keep their feet on ground, as this is the first time we get to run around and play games with a bubble covering our upper body.</p> <p>Participants had fun, as they enjoyed knocking out their friends and also the opponents. It can be tiring and exhausting, but the fun at the end of the day, it was worth the exhaustion. Some of the participants told us that they can't feel their or move their necks and shoulder the next two days. Everyone surely had a wonderful time playing it.</p> <p>Impact from this project is more on strengthening the bond among the rotaractors from different clubs with RAC Subang. Participated clubs such as RAC TCSH, RAC MCKL, RAC Pudu, RAC Sunway Uni.</p>
3.b Number of members from your club in attendance	8
3.c Number of members from other clubs in attendance	28
3.d Number of guests in attendance	4
4.a Project & Activity Description	<p>ATV Ride with fellowship lunch – 18th January 2015</p> <p>ATV Ride activities and lunch is organize by Club Service Director Danny Lo, held in Shah Alam SPK Cahaya. We had an exciting ATV ride for 40 minutes within the jungle follow by a great lunch & fellowship session with our guests.</p> <p>It all started on the training track where we get to try out and get the feeling of ATV riding before we proceed to the jungle.</p> <p>When we proceed to the jungle track, it was nothing like the training circuit as there is trees where our beloved member rams into it and got stuck. The climb is too steep and one ATV went backwards and slides down like a snowball.</p>

SUBMISSIONS FOR RY2014-15 BEST FELLOWSHIP AWARD

	<p>The whole ride took around 40 minutes after the ride some of us are covered with mud and smokes from the ATV exhaust pipe.</p> <p>For lunch we went to My Elephant a Thai Food Restaurants located in Aman Suria, we shared a big feast together and of course sharing our experience on the ride with laughter's all over the room. Everyone enjoy the ride and the lunch, all of the guests are interested to join our next activities as we are able to share lots of information about Rotaract and Rotary to them during this event.</p> <p>The project bring us closer to our guest as they feel very comfortable with the club, more trust and bonds are forged during the project due to the challenges we face during the jungle trekking and the fellowship session full of laughter and joy.</p>
4.b Number of members from your club in attendance	14
4.c Number of members from other clubs in attendance	0
4.d Number of guests in attendance	4