

# ROTARACT CLUB OF CHERATING

Sponsored by the Rotary Club of Indera Mahkota



**RI District 3300 Awards & Recognition Submission**

**RY 13/14**

**PERSONAL DEVELOPMENT PROJECT**

**Team Building Session for  
Interact Leadership Training Seminar**



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## **Team Building Session for** **Interact Leadership Training Seminar (ILTS)**

### **A. Executive Summary**

“In learning you will teach, and in teaching you will learn.”

– **Phil Collins**

Every year, Rotary Club of Indera Mahkota will organize a 3 Days 2 Nights leadership training camp, titled as ‘*Interact Leadership Training Seminar (ILTS)*’ for the executive committee and members of the various Interact Clubs which based within Kuantan area.

For RY2013/2014, the ILTS was organized in a historical small town of Sungai Lembing, which is located a mere 30 kilometers from Kuantan town. It was a brand new experience for the Interactors as Sungai Lembing is famed for its cool climate, beautiful hillside scenery and colonial era’s hanging bridges.

Rotaract Club of Cherating was invited by the Rotary Club to adopt a session of 2 hours to conduct a training and development session with the Interactors. All the participating Rotaractors took this invitation as a great bonding session with the Interactors and learning opportunity for the Rotaractors in training others, and immediately accepted the offer.

It was believe that due to the proximity of age and thinking, shared core values and preference in lifestyle, Rotaractors may bring positive influence and guidance and provide a sense of direction to the younger Interactors in their studies and working lives thereafter.



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## **B1. Objectives**

1. To conduct Team Building Session with the participating Interactors through an interactive and experiential game.
2. To serve as a learning opportunity for the Rotaract members in mentoring and training others.

## **B2. Organizing Committee**

Ex-Officio	: President Lashviny Nair	Lash
Project Director	: Rtr. Dr. Kirti Saxena Rohan	Kirti
Deputy Director	: Rtr. Kristy Lee Yien Jit	Kristy
Secretary	: PP Rtr. Alex Yen How Siang	Alex
Treasurer	: Rtr. Chong Woei Jen	Woei Jen
Game Master	: Rtr. Jonathan David	Jonathan
Photography & Video	: Rtr. Sureshan Ramanathan	Sureshan
Safety & First Aid	: Rtr. Yap Chien Yee	Chien Yee
Materials & Supplies	: Rtr. Lee Yien Ying	Yien Ying



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## **C1. Schedule**

Date : 10 November 2013 (Sunday)

Time : 8.30am to 10.30am

Venue : Sungai Lembing Rest House, Sungai Lembing Kuantan.

<b>Time</b>	<b>Description</b>
07.30am	Depart from Kuantan
08.30am	Gather at Sungai Lembing Rest House.
08.35am	Final preparation & set up.
09.00am	Opening Speech by Rotaract President & showing of past Rotaract projects video.
09.15am	Start Team Building Session Game
09.45am	Game wrap up,
10.00am	Post mortem discussion & prize presentation
10.15am	Question & Answer session
10.25am	Group Photography Session
10.30am	Closing Speech by Rotaract President & End of Session.

## **C2. Accounts**

<b>Revenue</b>	<b>RM</b>	<b>Expenditure</b>	<b>RM</b>
		Materials & Supplies	130.00
		Petrol	27.50
Total	0.00	Total	157.50

\*Note:

The Deficit of RM157.50 was absorbed by the Club Service Account.

All other insignificant expenses were bore by Club members ourselves.



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## **D. Photos**





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## **E. Project Planning**

A total of 9 members of Rotaract Club of Cherating met up on 4 separate sub – meeting occasions to brainstorm and discuss about conducting the most viable and appropriate training and development session with the younger Interactors. Members came up with interesting ideas and shared their respective personal past experiences in various seminars, workshops and team building camps.

After careful deliberation with all participating members, we decided to conduct an experiential and fun team building session which emphasize on effective communication between leader and his fellow group members. We voted among ourselves and decided to adopt Rotaractor Jonathan David's idea of a team building game.

Then, Rtr. Jonathan and his core team of game designers spent a few nights thereafter to design, fine tune and finalize his team building game before briefing with the rest of our members. Feedbacks and critical questioning of the game setup were raised and provided to ensure the smoothness in execution of the game and enhance the impact that we hope to achieve with the participating Interactors.

We gathered up on a day and were briefed by Rtr. Dr. Kirti about our roles & responsibilities for the team building game. Rtr. Alex provided some 'what – if' scenarios for everyone to think about and be aware of so that we would be ready for any 'unexpected situation' which may arise from the execution from the team building game.



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President Lashviny prepared her own presidential and opening speech and Rtr. Sureshan ensured his laptop computer in perfect working condition to play power point slides presentation of the team building game and Rotaract Club promotional video. Meanwhile, Rtr. Woei Jen, Yien Ying & Chien Yee went on a shopping spree and prepared the team building game materials in 6 sets.

Before the actual day of conducting the team building game in Sungai Lembing, all organizing members gathered at the Teluk Cempedak beach to test run the implementation of the team building game and experienced it ourselves to gain more insight and make necessary improvisation to the team building game setup.

<b>Activity Planning</b>	<b>OCT</b>			<b>NOV</b>	
	<b>2</b>	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>
Organizing Committee Formation	X				
Brainstorming & Discussion	X	X			
Team Building Game Selection		X			
Game Design, Fine Tune & Finalizing		X	X	X	
Briefing of Roles and Responsibility			X		
Preparation of Game Materials				X	X
Preparation of Speech & Promo Video				X	X
Test Run of Game & Improvisation					X
Execution of Game on Actual Day					X





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### **F. Project Execution**

With careful planning, things went smoothly on the day.

On the morning of 10 November 2013 (Sunday), the morning sun was comfortably warm in the sky and there is no hint of rain. All organizing members were wearing a broad smile on their respective faces as our team building game would have been jeopardized should the sky decided to rain.

While the Interactors were washing up and having their breakfast, we made our final preparation and put everything in order. By 8.45am, all of the Interactors were gathered together at the mass hall and we were led into the hall by the supervising Rotarians and the Interactors were briefed on the program of the day.

At 9.00am, Rotrarian Ho introduced President Lashviny to the Interactors and formally passed the session to Rotaract Club of Cherating. President Lashviny greeted the Interactors and received a welcoming response in return. She then gave her opening speech and promoted Rotaract Club to the attentive floor. Then, President Lashviny introduced all fellow Rotaractors to the Interactors and ended her introductory session with the playing of Rotaract Club's promotional video.

Then, Rtr. Dr. Kirti took over the session and presented the team building game to the Interactors on a mahjong paper board and answered the questions posted with patience and clarity. It could be seen obviously that even the introduction and explanation of the game has stirred the Interactors interest and eagerness to try on the game.



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Rtr. Kristy and Alex then arranged the Interactors into 6 groups of 6 members each. Then the members would decide among themselves to take up the role as a CEO, 2 Managers, 2 Executives & a Safety Officer. The Interactors were then led onto the open field and Rtr. Woei Jen and Sureshan then positioned the respective roles to their respective stations.

The team building game then commenced smoothly amid a few Interactors having some confusion initially about what they should do. Rotaract members as facilitators of the game were quick to attend to any problems and guide the participating Interactors back onto their direction and game.

All the Interactors were very engaged and engrossed with their roles and responsibility towards their group in the team building game. It was encouraging to note that the Interactors would be resourceful and try their best to help each other and provide solutions to the problems they faced in the game despite the various limitations were imposed on purpose to pose as the game challenges.

By 9.45am, the winning groups were decided and the game had come into a conclusion. The various group members would then united and still discuss about the running of the game and the interest experience they gained from it. And we, the organizing Rotaractors received much help from the Interactors in cleaning up the field of rubbish as left behind by the team building game. All Interactors and Rotaractors were then lined up for a group photography session at the field before being led back to the Rest House.



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While everyone was resting and rehydrate themselves in the mass hall, Rtr. Kristy tabulated the scores of each group and acknowledge the winning groups and outstanding members. Rtr. Alex then conducted a quick post mortem discussion session with the participants to highlight the moral lessons from the game. Then Rotarian Ho was invited as the honorary guest to present the winning prizes to the winning groups as encouragement.

Since there were still time, we had a Q&A session and fielded questions of interest from the Interactors before exchanging contacts numbers and facebook details. We then had another group photography session in front of the Rest House with a number of Rotarians & guests. President Lashviny made a closing speech and thanked all participants for their cooperation, hoped they had learned something and looked forward to seeing them again.

As we packed our belongings and materials to head back to Kuantan, the Interactors who will be staying on for the next program in Sungai Lembing wave us goodbye with smiles and cheers and wished us a pleasant and safe driving.



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## **G. Project Impact**

The team building game was an eye opener for the participating Interactors and the organizing Rotaractors. Most of us involved have never organized nor take part in such an innovative and interesting team building game before. We ourselves, learn lot from the team building game, especially in project management, planning and execution and effective communication. We concluded that this type of experiential game would help the purpose of learning better and encourage holistic developing in a person.

By taking lead and organizing an out of ordinary training and development session with the Interactors, the existing of Rotaract Club of Cherating is now being recognized widely among Interactors. We managed to garner a level of never before interest among Interactors and teenagers on the exciting roles and projects of Rotaract Club. Some of Interactors have openly expressed their desire to join a Rotaract Club when they graduate from their respective Interact Clubs and we look forward to accepting those who would be joining Rotaract Club of Cherating.

As the only Rotaract Club in the east coast of Peninsular Malaysia, we pride ourselves for able to stay united together, remained independent and active and successfully organize an elaborately detailed and complex team building game for 30 Interactors as organizing the team building game is truly no easy feat.

In the aftermath of this project, we got closer and more understanding of each other; the relationship between Rotaract members within the club



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now is closer than ever. We are now more aware of each other's strengths and weaknesses, able to step up to complement each other for the best interest of the Club and its projects, and the Club became more stable and mature in overall.

Should we were given another chance to conduct a similar training and personal development session with the Interactors, we would gladly accept and we look forward to do better and improve ourselves further.

<b>Name of Club</b>	<b>Organizing Members</b>	<b>Participating Members</b>
Rotaract Club of Cherating, Kuantan	9	
Interact Club of SABS, Kuantan		7
Interact Club of Saint Thomas, Kuantan		9
Interact Club of MGS, Kuantan		5
Interact Club of Air Putih, Kuantan		9
Total Members	9	30
	39	



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## **H. The Conclusion**

We believe that the setup of the team building game has best reflected real working environment and cooperation relationship between individuals and provide a real life experience for the participants. We are confident that the participants would learn much and acquire many qualities which will be of good use to them in their future endeavors.

We, ourselves from Rotaract also believe that the entire ordeal of organizing the team building session experience has stretched us well, that we have become better communicators, planners, executors and as individual person as well. It would not be an exaggeration to say that the positive working cooperation and best of relationship formed during organizing this team building game has solidified our Club's foundation and kept the members together; Rotaract Club of Cherating has thus, became stronger and more united!

Report Prepared by,

Approved by,

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Kristy Lee Yien Jit  
Deputy Project Director  
Team Building for ILTS 2013

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Lashviny Nair  
President  
RAC Cherating