

## **PART A:- EXECUTIVE SUMMARY**

Rotaract Club of Universiti Teknologi PETRONAS (RACUTP) has been annually organizing international trips to various countries to conduct a Goodwill Programme. The Goodwill Programme is a project that can be adapted to suit the needs of the community that the club will be visiting. It also align with our university aim to reach out the community to do good quoted by this saying "Energy Received, Energy Returned." A Goodwill Programme was conducted in RI Year 2012/2013 to Siem Reap, Cambodia. 19 participants participated in this project (16 Rotaractors, 1 guest and 2 Rotarians). It was held on the 8-13<sup>th</sup> January 2013. The projects conducted in Siem Reap were:-

1. Book Donation to the Mean Chey Primary School
2. Stationary donation
3. Water Filter donation
4. English lessons
5. Hygiene Workshop
6. Painting of Mean Chey Primary School facade
7. Donations for school facilities repair

The club have donated \_\_\_ books to Mean Chey Primary School library and painted the school façade with a new coat of paint. In addition for the painting of school façade, the participants painted various artworks to the school to make it look nicer and educational as some part of the walls were painted with alphabets and numbers. Besides that, the club donated a total of 10 bio-sand water filters. 3 water filters were placed in the school while the 7 were placed in the Prey Chouk Village. The participants taught the students of the primary school Basic English during their lessons. The club donated a total of \_\_\_ sets of stationary to the students to allow them to have proper materials for education. The set contains a pencil, a book, a ruler, an eraser and a sharpener.

## **PART B: - OBJECTIVES AND TEAM MEMBERS**

### **Objectives**

- 2.1 To nurture the spirit of serving the community regardless of the geographic boundaries amongst the participants;
- 2.2 To expose the participants to the real scenario of the poverty and famine prevalence in Cambodia;
- 2.3 To promote UTP to international community and enhance its brand as a caring university;
- 2.4 To acquire organizing skills and enhance leadership by conducting this project;
- 2.5 To promote ecotourism by travelling to natural areas and being responsible in conserving the environment and improving the wellbeing of local people;
- 2.6 To explore the astounding heritage and culture diversity in Cambodia.

## Participant List

No	Name	Email	Course
1	CHOO EE HUEY	eehueyc@gmail.com	CE
2	ERNEST HO	ernesthozs@gmail.com	CV
3	FOO KHAI ZHEN	fookhaizhen@gmail.com	CE
4	TAN KIEN YOONG	billytanky92@gmail.com	CE
5	TAN LOO SEN	looszen92@gmail.com	CE
6	HOR JUN YOU	uniqueflavour@gmail.com	CE
7	OU KUAN EE	kathryn4209@gmail.com	PE
8	CHEN KAR WENG	ckweng16@gmail.com	CV
9	LIM LIAN RUI	wslrui1129@gmail.com	CE
10	GOH JOE SHIEN	joeshien.goh@gmail.com	PE
11	KWEH CHIA SHIN	chiashin1213@gmail.com	PE
12	LIEW CHIN SENG	chinseng93@gmail.com	CE
13	LU CALVIN	calvinlu93@gmail.com	CV
14	JENNIFER LYE YAN CHING	lyeyanching@gmail.com	PE
15	LIONEL YEO CHIN YAP	chinyap29@gmail.com	CV

## **PART C: - PROJECT SCHEDULE AND BUDGET**

### **Programme Tentative**

<b>Date/ Time</b>		<b>Activities</b>
08 Jan <b>Day 1</b> Tuesday	Depart 0650  Arrive 0750	Depart from LCCT Airport, Kuala Lumpur <b>Air Asia AK1480</b> (KUL/REP) Arrival to Siem Reap Airport Meet and transfer to guest house. Orientation city sights – Killing Fields memorial, Old Market, French Quarter, Tonle Sap cruise
09 Jan <b>Day 2</b> Wednesday	0830-1600	<ul style="list-style-type: none"><li>- Implementation of projects in poor rural schools</li><li>- Assessment of village needs</li><li>- Reflection and review</li></ul>
10 Jan <b>Day 3</b> Thursday	0830-1600	<ul style="list-style-type: none"><li>- Service project in poor rural school.</li><li>- Assessment of village continues.</li><li>- Reflection and review</li></ul>
11 Jan <b>Day 4</b> Friday	0830-1600	<ul style="list-style-type: none"><li>- Service project in poor rural school.</li><li>- Visit home industry.</li><li>- Presentation to Rotary Club</li></ul>
12 Jan <b>Day 5</b> Saturday		Visit to Angkor Wat Temples - Angkor Thom, Ta Phrom & Angkor Wat
13 Jan <b>Day 6</b> Sunday	Depart 0835  Arrive 1135	Depart from Siam Reap Airport, Siam Reap, Cambodia <b>Air Asia AK1481</b> (REP/KUL)  Arrival to LCCT Airport, Kuala Lumpur

**Estimated Budget (Individual costs)**

<i>Matter</i>		<i>Unit Price</i>	
		<i>USD</i>	<i>RM</i>
1.	Accommodation	20.00	25.60
2.	Meal (15 meals for 5days)	60.00	192.00
3	Admission fee 3.1 Angkor Temples 3.2 Tonle Sap	20.00 23.00	64.00 73.60
4	Flight ticket (Round trip)	203.13	650.00
5	Transportation	34.00	108.80
6	Miscellaneous	30.00	96.00
7	Service fee	20.00	64.00
	<b>Total expenses:</b>	<b>410.13</b>	<b>1312.40</b>

**Estimated Budget (Projects)**

<i>No</i>	<i>Project</i>	<i>Unit price (RM)</i>	<i>Quantity</i>	<i>Subtotal (RM)</i>
1	Water filter	240.00	5	1200.00
2	We Care for Your Health (Hygiene)	-	-	600.00
3	English workshop	-	-	200.00
4	Rural school repair	-	-	2000.00
	<b>Total :</b>			<b>4000.00</b>

## Financial Report

INCOME AND EXPENSES BALANCE SHEET "International Goodwill Program to Siem Reap"			
Matter	INCOME USD	EXPENSES USD	BALANCE USD
1. Sponsorship	1511.00		
2. Sponsor from Rotary Club of Kinta	320.00		
3. 10 units of Biosand water filter		700.00	
4. Purchase of Stationery		126.00	
5. Purchase of Sweets		5.00	
6. Paint materials		110.00	
7. Construction of new kitchen in school		430.00	
8. Miscellaneous		6.00	
TOTAL BALANCE:			454.00

## PART D: - PHOTOS, PRESS CUTTINGS AND PROMOTION LITERATURES

### Photos



Painting of school façade



**Group Photo**



**Basic English Classes**



**Water Filter Donation**



**Painting of School Façade**

**Links for more photos**

- 1) <https://www.facebook.com/media/set/?set=a.4644279742922.2165585.1170985569&type=3>
- 2) <https://www.facebook.com/media/set/?set=a.522417457791138.124739.100000686660071&type=3>
- 3) <https://www.facebook.com/media/set/?set=a.10151326060172978.499537.555187977&type=3>
- 4) <https://www.facebook.com/media/set/?set=a.10151328665572978.499821.555187977&type=3>

## Press Cuttings

[The Star Online](#) > Education

Sunday February 24, 2013

Taking goodwill abroad



Club members speaking to a villager regarding basic needs which was the focus of their survey.

MEMBERS of the Rotaract Club of Universiti Teknologi PETRONAS travelled to Siem Reap, Cambodia, last month as part of its International Goodwill Programme, one of the club's annual projects.

During the trip, the 15 students visited the Meanchey Primary School where they painted the school walls, taught English and played games with the pupils.

The students also donated bio-sand water filters, books and stationery.

During the trip, they also visited the Trailblazer Foundation where bio-sand filters are manufactured. These filters utilise a filtration system produced from slow sand filters to remove pathogens and suspended solids through a combination of biological and physical processes that take place in the biolayer and within the sand column.

In Cambodia, diarrhoeal disease affected more than nine million people and one of the ways to combat this disease is by providing access to clean water sources.

The students also visited the villagers in Prey Chrouk, near Meanchey Primary School, and conducted a survey to understand their basic needs such as food, medication and electricity supply.

The findings from this survey will be used to conduct future community service projects and to seek help from relevant bodies. The club also donated 10 units of bio-sand water filters to the villagers in Prey Chrouk.

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## The Star

INTERNATIONAL GOODWILL PROGRAMME, SIEM REAP, CAMBODIA (2 TO 12)

JANUARY 2013

SEARCH

SEARCH & FILTER



## UTP Website

PP Duta S. Annamalai of the Rotary Club of Kuantan was conferred the Dagh Indira Mahatma Pahang (D.I.M.P) by His Royal Highness the Crown Prince of Pahang on 14th December 2012 at Istana Abu Bakar, Pekan, Pahang as a recognition of his contribution to his country in the field of athletics. Among others, PP Duta S Annamalai is the Vice President of the Malaysian Athletics Federation.



PP Duta Jimmy Lim Lai Ho of the Rotary Club of ISU was conferred the Jalinah Persemani (Jalinah of Peace) at the Istana Kedah in conjunction with the 10th Sultan of Kedah's 85th birthday celebrations. Kedah Council of Regency Chairman Tunji Bendara of Masjid Tan Sri Tunjika Anwar Sultan Badlishah conferred the awards at an investiture ceremony at Istana Ansh Bukit.

**"International Goodwill Programme"**  
Rotaract Club of University Teknologi PETRONAS and Rotary Club of Kuala

15 Rotaractors of the Rotaract Club of University Teknologi PETRONAS (RACUTP) headed by President Lee Sei Tin, travelled to Siem Reap, Cambodia to carry out their annual signature community service: International Goodwill Programme.

Accompanied by their officers, President Zulkarnain Abdu, of Rotary Club of Kuala Lumpur and PP Arthur Yeang, Rotary Club Advisor for RACUTP, the Rotaractors spent 8 days, from January 8 - 13, 2013 painting the school wall, taught English, played games with the students and donated books, stationery and a bio-sand water filter to the underdeveloped Meanchey Primary School. RACUTP also donated 10 units of bio-sand water filters to the villages in Prey Chhruk, providing access to clean water sources.

This is RACUTP's 2nd International-Community Service Programme to Siem Reap, the 1st in 2010 and the 2nd since it went to Pune (India) in 2004, Singapore and Sarawak in 2005, Chiang Rai (Thailand) in 2007, Jakarta, Bandung & Yogyakarta in 2008, Kuala Lumpur & Penang in 2009.

Over the years RACUTP won several Rotaract awards and is recognised by Rotary District and University Teknologi PETRONAS for their outstanding service and projects for the community, both locally and internationally.




www.rotaryclubindia.org

COVERD'S NEWSLETTER | JANUARY 23, 2013

## DG Newsletter- Issue 7

### Links for press releases

- 1) <http://thestar.com.my/education/story.asp?file=%2F2013%2F2%2F24%2Feducation%2F12709312&sec=education>
- 2) [https://www.facebook.com/photo.php?fbid=424661910952085&set=a.340462402705370.81128.340183469399930&type=1&relevant\\_count=1](https://www.facebook.com/photo.php?fbid=424661910952085&set=a.340462402705370.81128.340183469399930&type=1&relevant_count=1)
- 3) <https://docs.google.com/file/d/0B64vsxTgj0a3eYzNjVpZlpBWkU/edit>
- 4) <http://www.bernama.com/bernama/v7/newsindex.php?id=923991>
- 5) [http://www.utp.edu.my/index.php?option=com\\_content&view=article&id=971%3Ainternational-good-programme-siem-reap-cambodia-8-to-13-january-2013&catid=65%3Aarchive-2013&Itemid=3219](http://www.utp.edu.my/index.php?option=com_content&view=article&id=971%3Ainternational-good-programme-siem-reap-cambodia-8-to-13-january-2013&catid=65%3Aarchive-2013&Itemid=3219)
- 6) <http://rotaract3300.org/?p=884>

## **PART E: - PROJECT PLANNING**

### 1) Project Initiation

In order to carry out a sustainable international project, the venue of the project was the first aspect to be considered during project initiation. The destination was decided to be in Cambodia among all the other country choices after consideration of advices from Rotarian Advisor, Club Advisor and careful discussion within the committee members and the board members. It was agreed to set the project venue in Siem Reap district where poverty and lack of assistance needs attention.

### 2) Project Planning

To make a great project, detailed and systematic planning needs to be made. Firstly, more information on the venue was obtained from different sources:

- i) Senior
- ii) Sponsoring Rotary Club
- iii) Other Rotary Clubs

The contact details about the person in charge are obtained, i.e Mr Nak from Learning Journeys Cambodia Foundation (LJCF) and Rotarian Jimmy from Singapore. Introduction and discussion with Mr Nak and Rtn Jimmy about the project were being done via emails, supervised by Rotarian Advisor and Club Advisor. The condition of the schools and village are being accessed by Rotarian Jimmy. While other schools have assistance from other sources, he recommended Meanchey Primary School and nearby Meanchey Village, that is in bad condition with no electricity and lack of proper water supply. More information and photos on the school condition with estimated needed fund were received:

- i) Kitchen repair or new kitchen construction (370USD)
- ii) school wall painting as it is dirty (USD 90)
- iii) Stationary, school uniform, shoes and school bag needed by children
- iv) Instruction or methods to get involved with hygiene (rural hygiene)
- v) Bio Sand Filter in the rural area as they don't have running water to drink every day.

Our project activities were decided by the committees based on the findings of the current situation in the primary school and village:

- i) Book Donation to the primary school
- ii) Water Filter donation
- iii) English lessons
- iv) Hygiene Workshop
- v) Painting of school facade
- vi) School repair

A committee was formed in International service Avenue, with different people handling for specific projects, working together as a team for the trip. After having a rough plan of what we were about to do, we further planned it with Rotarian Jimmy and liaison person Mr Nak, who co-ordinated our 6D5N schedule along with our

accommodation, transportation, food arrangement. In discussion with Rtn Jimmy, he advised on the activities and arrangement of schedule and suggested village survey (Bio Social Mapping to provide data for future follow-up for LJCF and other groups.

Meanwhile, promotion to enrol participants was started in the university. Social networks were utilised to spread the project awareness on “Peace through Service” among the students. Posters were posted to promote this project and seek for volunteers to help the needy ones in Cambodia. Besides, in every club meeting, information about the project and its activities were being updated by International Service Avenue committees. With the publicity, a total of 17 participants were successfully enrolled in the project.

## **PART F: - PROJECT EXECUTION**

The project was conducted effectively according to the initial planning and with certain improvements. All the projects were carried out successfully especially the Village Bio-Mapping survey and the painting of the school façade. Below is a table summarizing on the execution of the projects.

Project	Execution
Book Donation	<p><b><u>Before trip</u></b></p> <ul style="list-style-type: none"> <li>- The club conducted a book donation drive led by Community Service Avenue to collect different books ranging from engineering books, advance mathematical books and etc.</li> <li>- The club then sold all the books (159 books) to Novel Hut as the books were not suitable for primary school children.</li> <li>- With the money earned, the club bought primary education books (50 books).</li> </ul> <p><b><u>During Trip</u></b></p> <ul style="list-style-type: none"> <li>- All books were personally carried by all 19 participants as each bought luggage from Air Asia.</li> <li>- The library of Mean Chey Primary School was cleaned properly to ensure no pests were living in the library in order to ensure the books can last longer.</li> <li>- The books were officially placed in the book racks on the 2<sup>nd</sup> day of the trip.</li> </ul>
Water Filter Donation	<p><b><u>Before trip</u></b></p> <ul style="list-style-type: none"> <li>- Various funding projects were conducted to buy the Bio-Sand Water Filter which costs 75USD (RM155) per water filter.</li> <li>- Examples of such projects are Charity Food Fair jointly conducted by International Service Avenue, Funding Avenue and Professional Development Avenue. The food fair rented stalls to various vendors while the club members cooked food like fried ice-cream and sausages.</li> <li>- The total amount raised was RM429.50.</li> <li>- Besides that, sponsorships were sold to various companies too.</li> <li>- We gained RM3000.00 from Hoe Kee Chicken Rice Ball and</li> </ul>

	<p>RM840 from individual sponsors.</p> <ul style="list-style-type: none"> <li>- The club decided to buy 10 water filters from Trailblazer Foundation.</li> </ul> <p><b><u>During Trip</u></b></p> <ul style="list-style-type: none"> <li>- Trailblazer Foundation’s volunteers and officers installed the water filter on the school and village</li> <li>- A total of 3 Bio-Sand Water Filter were placed in Mean Chey Primary School while another 7 were placed in Prey Chouk Village</li> <li>- The participants took time explaining to the villagers on how to use the Bio-Sand Water Filter to the villagers and school children with the help of a few translators.</li> <li>- The participants also visited Trailblazer’s Foundation on how a Bio-Sand Water Filter is made.</li> </ul>
English Lessons	<p><b><u>Before trip</u></b></p> <ul style="list-style-type: none"> <li>- The organizing committees planned different approaches in order to aid different classes (based on standards)</li> <li>- Examples of the approaches are <ul style="list-style-type: none"> <li>- Use simple daily greetings like “thank you”, “good bye” and “Good Morning”</li> <li>- Use pictures to describe animals</li> <li>- Use fingers to teach numbers.</li> </ul> </li> </ul> <p><b><u>During Trip</u></b></p> <ul style="list-style-type: none"> <li>- While travelling around Siem Reap, the participants picked up some Khemer words which prove to be useful to the English Lessons. By understanding their own language, the participants were able to teach various words to the school children.</li> </ul>
Painting of school façade	<p><b><u>Before trip</u></b></p> <ul style="list-style-type: none"> <li>- As like in the water filter donation, various projects were conducted for funding this project</li> <li>- Discussions were made with Mr Nak regarding the purchase of the paint and equipment for painting.</li> <li>- The organizing committee decided to buy all paint and equipment in Cambodia on the first day of the trip.</li> </ul> <p><b><u>During Trip</u></b></p> <ul style="list-style-type: none"> <li>- All participants painted the walls with a bright yellow colour</li> <li>- The Rotarians also took part in the project</li> <li>- The participants decorated the walls with artwork, alphabets and numbers to make the walls look interesting.</li> <li>- The participants also painted the university’s logo(UTP logo), Rotaract Logo and Rotary Logo on one of the walls</li> </ul>
School Repair	<p><b><u>Before trip</u></b></p> <ul style="list-style-type: none"> <li>- Inquiries on about necessary repairs needed for the school was conducted.</li> <li>- Mr Nak being the middle person there managed to do a survey on the school and notified the organizing committee that the school needs to build a new kitchen as the old one is damaged and</li> </ul>

	<p>attracts pests.</p> <ul style="list-style-type: none"> <li>- The kitchen is an open air kitchen and cooking is done on the ground instead of an elevated surface.</li> </ul> <p><b><u>During Trip</u></b></p> <ul style="list-style-type: none"> <li>- The club donate an approximate RM400 to construct a new kitchen for the school</li> </ul>
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The trip managed to grasp the goals and objectives of Rotaract.

2. A Rotaract club is a Rotary club-sponsored organization of young adults ages 18 to 30, whose purpose is to provide opportunity for them to enhance the knowledge and skills that will assist them in personal development, to address the physical and social needs of their communities and to promote better relations between all people worldwide through a framework of friendship and service, and whose goals are:

- a) To develop professional and leadership skills;
- b) To emphasize respect for the rights of others, and to promote ethical standards and the dignity of all useful occupations;
- c) To provide opportunities for young people to address the needs and concerns of the community and our world;
- d) To provide opportunities for working in cooperation with sponsor Rotary clubs;
- e) To motivate young people for eventual membership in Rotary.

The program was aimed to create awareness on about cultural understanding and Rotaract & Rotary International. This project clearly achieved that as the participants of the programme learnt various Khmer words and also the culture and legends of Cambodians. Such tales were shared with Mr Nak and the tour guide during trips to the school and during the Angkor Watt Visit. While in school, the club advisor, Rtn Zulkarnan addressed the school children on about Rotary, Rotaract and UTP. Assisted by Mr Nak and the tour guide, he spoke on the goals of RI, Rotaract and UTP and passed out goodies if the students got right in the question and answer session.

Besides that, the organizing committees learnt a lot when organizing an international project. They not only learnt how to plan, conduct and prepare for such a trip, but also learnt on how to deal with international laws and also requirements before visiting a foreign country. In addition, they learn how to communicate with and include people from other countries in their project planning. The organizing committee included Rtn Jimmy Ooi from Singapore and Mr Nak from Cambodia while planning the trip.

During this trip, the participants were exposed to various poor conditions like poverty, unavailability of proper stationaries, school children who do not have school shoes and the lives of a villager. These exposures were lessons to all. Such lessons were:-

- 1) Appreciation of what the participants have currently like a home and good meal
- 2) Awareness of international affairs and conditions
- 3) Cultural understanding and respect for others

This project allows opportunities not only to the members and the participants of the trip to address the needs of the communities at an international level but also this trip create mass awareness in the local community. As mentioned in Part D, the club promoted this trip in 5 different articles. The articles are:-

- a) Bernama
- b) The Star
- c) Utusan Malaysia
- d) D330 DG's Newsletter- Issue 7
- e) Rotaract D3300 Website
- f) PETRONAS Intranet (unable to retrieve article as it belongs to PETRONAS Staff only)

These publishing allow Rotaract Awareness to be done in a National Level. This feat was a wonderful one as it received a lot of support from the District 3300, UTP and also RC Kinta. Besides that, the university students and friends were very interested in the project and had stated interest in the next international club trip.

This programme provides opportunities for Rotarians from RC Kinta and Rotaractors from RACUTP to cooperate to plan and conduct this trip. Besides funding part of the trip, RC Kinta provided useful advices and guides for the organizing committee to conduct the trip. Two Rotarians, Rtn Arthur Yeong and Rtn Zulkarnan Abdul also participated in the trip. This provided a chance for Rotaractors and Rotarians to interact among each other

This project also achieved certain areas of the Rotary International Focus. The focuses were Water Management, Health awareness, Education and Training and Peace and Conflict Resolution. The programme is also in line with the motto "Peace Through Service".

Besides all the projects, the participants went sightseeing in Angkor Wat, Killing Fields Memorial and the night markets of Siem Reap. During these sessions or even during leisure time, all the participants interact with one another and get to know each other better. The participants played games, have tea sessions and chatting sessions. As the trip has Rotarians, the interaction also includes them.

## **PART G: - PROJECT IMPACT**

RACUTP international goodwill programme to Siem Reap Cambodia deserves the award because the project is sustainable and it gives impact to the society. Sustainability of the project can be accredited to the bio-sand water filter donation to the primary school and rural area of Mean Chey village. Given with proper maintenance and care, each bio-sand water filter unit can last up to 20 years, supplying the villagers with clean, drinkable water which is vital to their everyday life, hygiene and health. It is also impactful to the society as not only it gives hopes to the needy villagers that help will be given when they need it, it also propagates the message of “peace through service” by encouraging people to give up regardless of nationality and skin colour. It also teaches the participants to be content with what they have now, given that the Cambodians have no electricity not to mention electronic gadgets but they still live happily and diligently.